



2022 IMPACT REPORT

Driving community solutions to promote mental health for all.



www.mhahouston.org

BENEFIT TO THE COMMUNITY

27,061
people screened for
mental health conditions

What happens after someone takes a mental health screen at mhahouston.org/screen?

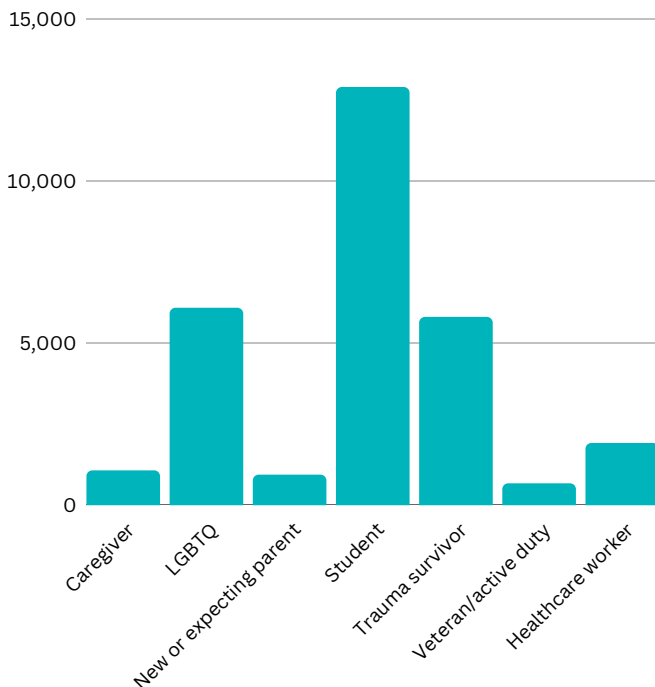
- Immediate results that can be printed and shared with a medical or mental health professional
- DIY tools and coping skills
- Linkage to treatment resources

TOP CONCERNS

- Anxiety
- Depression

TOP REASONS PEOPLE SCREENED

- Loneliness or social isolation
- Body image or self image
- Relationship problems
- School or work problems



CHILDREN'S MENTAL HEALTH

52 School districts served

460 Hours served on The Collaborative Task Force for School Based Mental Health Services

Conference attendees rated the conference **4.6 out of 5** stars based on overall quality

319 Youth Art Showcase submissions received



TRAINING & OUTREACH

2,504 People trained to recognize, refer, and respond to mental health issues

20 Media appearances to inform the public



PEER SERVICES

1,495 Service members, veterans, and family members that were connected to services

100% Veterans Treatment Court participants eligible for graduation did graduate

24 Peer led support group meetings



INTEGRATED BEHAVIORAL HEALTH

371 Professionals trained to bring mental health into every aspect of health care

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