Dear Friends,

Redundant. Exhausting. Fragile. These three words sum up a year that began with hope anew but brought forth continuing challenges that impacted the fabric of our lives, worsening a mental health crisis that includes struggles with emotional issues, increased feelings of loneliness and isolation, anxiety, and depression. It was truly another year that tested one and all.

Perseverance. Responsiveness. Strength. This year was indeed the time for us to champion a mental health revolution that promotes greater well-being. Despite the realities and challenges, MHA of Greater Houston has not only continued to enhance existing partnerships but has established new, strategic collaborations to further bolster the capacity of vulnerable individuals and families to build resilience at this time of unprecedented change and unpredictability.

Thank you for your partnership in our mission. Your generosity sustains our work and enables us to lead in harnessing the collective power of our beloved community, creating conditions that break down barriers to achieve wellness.

In service,
Renae Vania Tomczak, MBA
President | CEO, Mental Health America of Greater Houston

Accomplishments to Celebrate

- In 2021, MH Literacy trainings reached 1667 adults, rebounding to pre-pandemic levels in 8 counties.
- Expanded partnership with Southern Smoke Foundation to serve the mental health needs of those in the food and beverage industry.
- During the 87th Legislative Session, passed original legislation (HB 2287) and actively participated in the cohort responsible for passing HB 133 (expanding Medicaid coverage for new mothers from 60 days to 6 months and HB 290 (extending the Medicaid re-enrollment deadlines for children and families).
- HB 2287 served as the first vehicle passed in the Texas Legislature to create reporting and accountability requirements on school-based mental health program outcome data.
- The Center for Student Behavioral Health at Mental Health America of Greater Houston along with community partners published the 2021 Consensus Recommendations Report. The report addresses the topics of access to mental and behavioral services, the school to prison/deportation pipeline, stigma related to mental health, and acknowledging diverse identities to create belonging.
<table>
<thead>
<tr>
<th>Benefit to the Community</th>
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<tr>
<td><strong>20,326</strong> people screened for mental health concerns</td>
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<td><strong>4,627</strong> People trained to recognize, refer, and respond</td>
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<td><strong>6,551</strong> People Served</td>
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<td><strong>528</strong> hours legislatively advocating for children's mental health</td>
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<td><strong>56</strong> educational publications created</td>
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<td><strong>475,814</strong> Students who received mental health resources</td>
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<td><strong>116</strong> organizations engaged representing physicians, clinicians, psychiatrists, and practice managers in ongoing professional development</td>
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The Integrated Healthcare Initiative

Of Veterans served in the Veterans Treatment Courts (Harris & Galveston Counties), were promoted to the next phase of the program.
### Leadership

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Established in 1954 by philanthropist Ima Hogg, MHA of Greater Houston is the area's longest-serving mental health education and advocacy organization. Thank you for your support of this 501(c)(3) nonprofit.