

# 2021

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# ANNUAL REPORT



**MHIA**  
Mental Health America  
of Greater Houston  
[www.mhahouston.org](http://www.mhahouston.org)

# A Message to the Community

Dear Friends,

Redundant. Exhausting. Fragile. These three words sum up a year that began with hope anew but brought forth continuing challenges that impacted the fabric of our lives, worsening a mental health crisis that includes struggles with emotional issues, increased feelings of loneliness and isolation, anxiety, and depression. It was truly another year that tested one and all.



Perseverance. Responsiveness. Strength. This year was indeed the time for us to champion a mental health revolution that promotes greater well-being. Despite the realities and challenges, MHA of Greater Houston has not only continued to enhance existing partnerships but has established new, strategic collaborations to further bolster the capacity of vulnerable individuals and families to build resilience at this time of unprecedented change and unpredictability.

Thank you for your partnership in our mission. Your generosity sustains our work and enables us to lead in harnessing the collective power of our beloved community, creating conditions that break down barriers to achieve wellness.

In service,

Renae Vania Tomczak, MBA

President | CEO, Mental Health America of Greater Houston

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## Accomplishments to Celebrate

- In 2021, MH Literacy trainings reached 1667 adults, rebounding to pre-pandemic levels in 8 counties.
- Expanded partnership with Southern Smoke Foundation to serve the mental health needs of those in the food and beverage industry.
- During the 87th Legislative Session, passed original legislation (HB 2287) and actively participated in the cohort responsible for passing HB 133 (expanding Medicaid coverage for new mothers from 60 days to 6 months and HB 290 (extending the Medicaid re-enrollment deadlines for children and families).
- HB 2287 served as the first vehicle passed in the Texas Legislature to create reporting and accountability requirements on school-based mental health program outcome data.
- The Center for Student Behavioral Health at Mental Health America of Greater Houston along with community partners published the 2021 Consensus Recommendations Report. The report addresses the topics of access to mental and behavioral services, the school to prison/deportation pipeline, stigma related to mental health, and acknowledging diverse identities to create belonging.



# Benefit to the Community

**20,326**

people screened for  
mental health concerns



**4,627**

People trained to  
recognize, refer,  
and respond



**6,551**

People Served

**528** hours

legislatively advocating for  
children's mental health

**56**



educational publications  
created

**475,814**

Students who received  
mental health resources

The Integrated Healthcare Initiative  
engaged **116** organizations

representing physicians, clinicians, psychiatrists, and  
practice managers in ongoing professional development



**94%**



of Veterans served in the Veterans  
Treatment Courts (Harris & Galveston  
Counties), were promoted to the next  
phase of the program

# Leadership

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Established in 1954 by philanthropist Ima Hogg, MHA of Greater Houston is the area's longest-serving mental health education and advocacy organization. Thank you for your support of this 501(c)(3) nonprofit.

