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Director

"I truly believe the Emotional Backpack training our teachers received saved a student’s life. A teacher called me from her classroom with a concern about a student in her class. I immediately went to get the student and found out that the student had a plan to end his life at the end of class. Had the teacher not known what to look for and not taken immediate action, I believe the student wouldn’t be alive today."

~ Tomball ISD counselor regarding Center for School Behavioral Health Program

Audit available upon request

MENTAL HEALTH AMERICA OF GREATER HOUSTON
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A United Way Agency

2018 Annual Report to the Community

An affiliate of Mental Health America

Serving Harris, Fort Bend, Montgomery, Brazoria, Galveston, Liberty, Waller, Chambers, and Austin Counties

Driving community solutions to promote good mental health for all.

Mental Health America of Greater Houston

A future of hope and understanding that promotes the health and well-being of all people.
Dear Friends,

In July 2018, I packed up my SUV and drove halfway across the country to become President | CEO of Mental Health America of Greater Houston. I know why destiny brought me to this city and this organization. It’s because Health Happens Here.

The dedicated professionals of MHA of Greater Houston are leading collaborative efforts through our integrated health care initiative to abolish the antiquated notion of physical and mental health as separate areas of wellness, and helping health professionals and organizations put into practice holistic interventions that overcome barriers for the most vulnerable in our community.

Because service members have often been placed in unimaginable situations, our team of veterans work tirelessly providing peer-to-peer support; educating on how best to address the mental health concerns of veterans; and supporting justice involved veterans to ensure that every veteran finds their way to home and health.

Our Center for School Behavioral Health is contributing to the enhancement of conditions for school districts to create trauma-informed environments by serving as a living laboratory for incubating innovative, cost-effective, and replicable best practices to improve the behavioral health of students.

In the aftermath of Hurricane Harvey, through our mental health literacy efforts, we aimed in moving our community toward healing, serving as the hub to disseminate timely and reliable information. We tailored our educational and workshop services to meet the immediate need, as well as advancing disaster and trauma recovery for the long term.

As we look to the new year we remain committed to our collective impact approach for systems change and will continue our charge to build resiliency within individuals, families, and our communities as that is the best way forward.

In service,

Renae Vania Tomczak, MBA
President | CEO

Mental Health America of Greater Houston is a 501c3 non-profit organization

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